At last, the first West Coast Unantia cookbook is now on the drawing board! For years the fabulous cooks of FUSLA have been exchanging recipes and dreaming of the day when these delightful dishes would appear in a single volume available to all Unantians. That day has come! A small but eager group of FUSLA members, Bonnie Abbott, Polly Friedman and Janice Kidd, have begun collecting recipes and organizing the project. Other invaluable contributors are Felice Long and Doris Passaretti, who have volunteered to type the entire book, as well as our printing consultant, Bill Sherwood, who'll help us get a polished product off the press.

just another ordinary cookbook, but a rare collector's item. Once again we will adhere to the Urantian theme "unity not uniformity". Due to the diversity of personalities contributing to the cookbook, it will include all sorts of interesting recipes, from old family favorites and home spun quickies, to health-foods and vegetarian concoctions. Another unique feature of the book will be the addition of favorite recipes of past FUSIA members such as our beloved Fred Squires, first President of the society. A few lines about the person submitting a recipe (or about the person for whom it was submitted) will appear along with the recipe in the cookbook, providing a historical overview of FUSIA from its foundation to the present. We have hopes of receiving recipes not only from FUSIA members, but also from fellow Urantians throughout the entire West (oast region, including those highly praised cooks in Alaska and Hawaii recently visited by our West (oast Field Representative, Julia Fenderson.

Perhaps your salivary glands are already secreting in anticipation of this extraordinary volume of soul sustenance. Please remember that

we need the assistance of each and every one of you for the complete success of this project. Working together on small service oriented projects such as this will help us to know on another better so that we can grow as a strong body united in the dissemination of the <u>limitiantianteachings</u> now and in future years. We hope to enjoy your full support and your favorite recipes soon. Your entries are needed as soon as possible to allow time for organizing, typing and printing. Send your recipes today to:

Janice Kidd
2018 S. Parton
Santa Ana, (a. 92707)

Chore "AgondonTer" P.O. Box 5488 FULLERTON, Ca. 97632

It will be helpful for you to include a short message about yourself, your recipe, your envolvement with the Urantia Book etc. The projected date of completion is April 4, 1975, just in time for FUSLA's West Coast Urantia (elebration.) Hopefully, the cookbooks will be available at this time for your perusal and purchase. They will also be available by mail following the official announcement of their arrival. All profits will be donated to FUSLA for the work of disseminating the Urantia teachings.

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