

August 19, 1986

Dear Friends of the Boulder Urantia Study Group:  
(1622 18th Street, Thursday 7:30 - 9:00)

This letter is a brief statement concerning the objectives and methods of study for this group.

The main objective is to study The URANTIA Book in order to understand it. The goal is to know in our minds and to realize in our lives its teachings and thereby manifest the fruits of the spirit more abundantly.

Our method is: reading aloud certain pre-selected passages in the book, and then discussing the material. We each read one paragraph, going in a clockwise motion. Discussion may occur at any time, but it is recommended that remarks be held until the specific passage being read is completed. Also, since UB material is often quite rich in meaning and value, a 15-20 second moment of silence following each group reading is recommended for the purpose of looking over, and recollecting the material. This enhances long-term memory and it also helps us to think a bit before we speak.

In order to gain the most understanding, remaining focused on the topic for said evening is extremely beneficial. Therefore, it is each person's responsibility to monitor his or her comments. We are not a stream-of-consciousness study group. Non-related material and discussion can occur after 9:00 p.m. and until 10:00 p.m. 7:30 to 9:00, however, will be exclusively focused on the chosen topic.

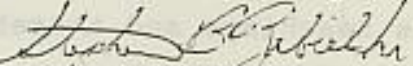
Also, monitor yourself in regard to how much you do speak. Are you dominating discussion time? Are you usually the first to speak? Or perhaps you've said very little. Then, please, feel free to speak more often.

Our group begins and ends with prayer. Everyone is invited to speak aloud their prayer if they wish. Prayer reminds us of our duty to one another. We are all members of one Family and hopefully, through prayer and sincere hearts, we will look forward to coming together each week for fellowship and study.

If anyone has questions concerning future topics or methods of study, bring them to me before or after the time allotted for study. An hour and a half is not long, so we want to make the best of the time available each week.

Thank you for reading this and for your assistance in making the group a wonderful experience for all.

Peace and Blessings,

  
Steve Zabielski  
Facilitator

### EXPRESS YOUR LOVE

My child, as you love those others whom you meet on the path, you best express your love for Me. Love is never static. Loud proclamations do not denote love. It is the little smile, the tender thoughtfulness, the cup of water given. These things do I accept as signs of your true love for Me. You can, if you listen, hear Me say, "It is well, I know you love Me, for today I saw you smile in love at another one made in My image. Today I know you recognized Me in those whom you met on the path, and as you held out your hand in helpfulness, it was an expression of your love for Me." It is hard just to sit and feel love for any person or any thing. Yes, true love is a feeling, an emotion, but if there were never action behind it the feeling would be of no benefit to Me or to any one. At times it is true that a great surge of love will appear to rise within you. That emotion is kindled by the love you have expressed outwardly. So, never fear, as you give out love I shall recognize it. As love returns again to you it shall bless the giver and you will know it to be of the Father and from His storehouse. I pour My love into the heart that empties itself in turn to My other children.

*From Journey With The Master  
Eva Bell Werber*