



URANTIA®

The Valley

Vol 2 No 1

JANUARY 1985

Reflector

NEWSLETTER OF URANTIA® Society of San Fernando Valley

GOALS  
1985

©Registered Mark of URANTIA® Foundation. Used pursuant to license.

## REFLECTIONS . . . from the President

On Sunday, December 30, members and friends of our Valley Society held a pre-New Year's Eve Remembrance Supper followed by a business-planning meeting to work on plans for 1985. This was significant not so much for "getting through the agenda", but for the fact that there were five visitors who dropped in to be present at the planning. An amazing thing happened. After the formal part of the meeting, four expressed their wishes to join our society. Our open format seemed to have an appeal.

This brought to mind the purposes we had when the Valley Forum first got underway. True, we wanted to emphasize the service aspect of the URANTIA teachings, but it was necessary to examine the various structures we could use in order to best achieve cooperative, holistic teamwork. When writing the Society Constitution, the committee strove to keep the organization a members' group in which the membership makes policy decisions and is informed about goal progress. A democratic framework is at times cumbersome, but it allows all individuals to contribute to the whole and be a close, necessary part of activity.

In every group there are those who can and want to be active or semi-active. On the other side of the coin there will be men and women who prefer to contribute on the sidelines. These differences can provide a balance when the whole acts together in a governing body.

These are truly exciting times as more and more people discover the magnificent fifth epochal revelation, a Book for all seasons. Ahead of us is a year to rededicate our time, faith and attitude. Knowing that the motivation counts most, one of my own New Year's resolutions is---- when in doubt, try to understand better. I close with this little, true story:

The week before Christmas vacation the children in my third grade class wrapped their gifts of clay pottery and wrote greeting cards to give their parents. It might be because we were studying groups and communities in Social Studies that one eight year old wrote on his card,

" Dear Mom and Dad,

I love you family.

Your member,

Quinton "

What a wonderful thought-- to think of ourselves as members of a spiritual family truly tied up to one friendly universe. May all your joys be shared with others!

--Love, Polly Friedman

# ECHO FROM THE PAST --Charles Hicks

--From a talk by a Cheyenne Warrior

at Calumet Mission, April 22, 1917--

" Long time ago I did all kinds of bad. I went on raids, stole horses from ranches, often slipped into houses and stole what I could find. I was restless those days. I would go here and yonder, and when I could kill a white man, I returned to camp happy. But that was the Devil's work.

Then God sent the missionaries to us. I went to church, but I did not believe a single word they told. But I kept going to hear them. One day after Mr. Rowe had preached, I decided I would give my heart to Christ. I got up and told them I had decided to take Christ for mine.

Then Mr. Rowe came back where I sat and told me he was glad and led me to the front. He said to the people and me, "I am going to tell you what this man has to do for God." So he showed me the Christian road plain, and told me if I was going to follow Christ, I must give up all the old roads.

Well, I gave my whole heart to Christ-- not a part or half, but the whole heart, for as I know God knows whether I gave it all, but I tried to give it all.

I came over from Colony last week, and I came here the first Sunday. And as long as I am here, I shall always be here on Sunday to help Mr. Hicks and do all I can. I am glad I came today; the Sermon did me good. I love to hear God's Words, and Mr. Hicks gave Bible truth and not his own words. I am a deacon in my church at Colony, and I encourage the Indians to come to church. I hope you will come to church here better than you have stood by your pastor.

I wonder if there is a man in this house who can tell me what made change in my life? I can tell-- it was God.

Sorry to hear of the trouble abroad. I hope it will not come here. I fear it would make us wild again as we used to be. All the church ought to pray for peace-- each missionary, each pastor, and each member-- that God may give us peace. God does not love war. He wants us to be like Him.

One time I let a white man have a horse to break for me. When I went to get the horse, he swore at me and hit me in the temple and one side was bloody all over. Then I was mad, and I got out my knife and thought in my heart, I will stab him-- he has abused me and I ought to get even with him. The thought came to me, now is the time to show you are a Christian by not doing anything to him, and if you do stab him, you are going at once into the old road to be like your were before God found you.

I told God to look at me. I was all bloody and ill treated, but for Your sake, I will let him go.

I know you will say persons coming from another church and makes a sweet talks. When you find out how this, you want know how they live at home, whether their lives and their talks harmonize. Well, dear friends, I have one talk all the time, and that is let your light shine for Jesus Christ every day and all the time.

I thank you for the good words I heard today. I shall come to every meeting and help out all I can."

--Recorded by Mrs. Mary Jane Hicks, Calumet, Oklahoma.

## ASPIRATIONS

Much has been said about New Year resolutions. More perhaps about the broken ones than the new ones made each year.

At first glance one may think of resolutions and goals as being one and the same thing, but on closer examination, while they are related, the difference becomes quite apparent.

In making a resolution, the problem is usually attacked through the use of "will power", a mental determination to "overcome" some undesirable thing in one's sphere of consciousness. This approach focuses the attention on that very thing which one is trying to change. For this reason the "letting go" process is never realized.

By contrast, those who set goals are motivated by ideals. Ideals which inspire, illuminate, and draws one toward their objective.

This heart-warming process of attaining the better estate is positive growth.

--Dick MacDonald

*Any opinions or conclusions, whether stated or implied, are those of the authors and not necessarily representative of URANTIA Foundation, URANTIA Brotherhood, or URANTIA Society of San Fernando Valley.*

--Editor

# PERFECTION

I've been meditating on our Father's invitation, "Be you perfect even as I am perfect." Originally I thought this only meant to do our best to grow spiritually so that some day we could stand face-to-face before him.

However, I've now come to realize a greater meaning from these words. They really express a call to service, as we are, here and now. In all our personality contacts, we should attempt to express (or channel) the same qualities of love, goodness, kindness, and understanding which our Father unconditionally bestows on us and to all His creation.

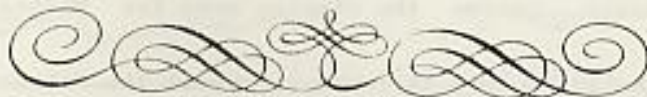
As we actualize these supreme values, through ourselves, we not only help others but also help ourselves by enlarging our own capacity for further growth and self-realization.

Perfection attainment encompasses, then, two modes of expression. First, growth from the time experience of relativity and imperfection to the eternity experience of growth finality and supreme perfection. This mode represents our more quantitative growth and may take eons to accomplish.

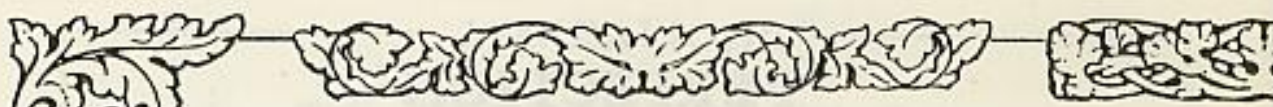
The second mode of perfection attainment, though, may be experienced now and throughout our ascension career. We receive the qualitative aspects of love -- truth, beauty, and goodness-- to just that extent to which we are able to express these qualities to others. Faith and trust are the spiritual tools we use to activate these qualities in our relationships.

As Michael showed us, expressing these qualities are not restricted to space or conditioned by time. Instead, their expression depends solely upon our moment-by-moment faith decisions to do our Father's will and upon trusting our Father to reveal His will to us through our experience.

--Ray Caligiuri



\* *"Quotations and other material designated herein are derived from the copyrighted work The URANTIA Book, © 1955, by URANTIA Foundation, all rights reserved, and are used by permission. Interpretations and opinions are those of the authors and are not necessarily those of URANTIA Foundation."*



## PILGRIM'S JOURNEY

---

About a million years ago, Andon and Ponta made their appearance as the first God-seeking, God-worshipping, potentially God-knowing mortals, and at that point in their time, became dimly aware of their Universal Father and His mandate, "Be you perfect even as I am perfect." This generated in their minds the desire to ascend to perfection.

When we review quickly in our mind's eye what has happened to mankind since that eventful beginning, we see in action an ascendant plan which leads us on, through the experience of living our lives, toward that goal of perfection we each inherently seek.

In our evolution toward that perfect estate mandated by our Universal Father, mankind has been helped by four great epochal revelations: That of the Planetary Prince era; the appearance of Adam and Eve; the advent of Machiventa Melchizedek; and the fourth, and by far the greatest, the epochal revelation of the Son of Man, the Creator Son of God, Christ Michael-- Jesus of Nazareth.

During the traditional festive season prevalent at the close of each year, the birth date of Jesus of Nazareth is widely observed. Nearly 2,000 years ago in the form and personality of this great Son of Man, the Creator Son of God of the Michael Order, made His appearance and began His seventh and final bestowal.

This bestowal was a distinct honor for the planet Earth, for out of a potential of 10,000,000 habitable planets, this cosmic speck of dust known as Urantia, became the staging area for Michael's crowning achievement.

His mission in living this life was to reveal the Father to mankind. And in so doing this, he lived a simple, revelatory life of wisdom and love for all with whom he came in contact.

With the successful conclusion of his divine mission, he had made a point of not leaving behind him any ceremonials, objects of idolatry, traditional religious rituals, dogmas or any other rites that might diminish the real teachings he brought to mankind. All of this with but one exception-- The Remembrance Supper which he inaugurated with his apostle on the occasion of their last supper together. (The URANTIA Book, Paper 179)



The Remembrance Supper is just that. A supping together in an awareness of the Presence of Him who made the greatest contribution to the uplift of mankind ever known-- His mortal life of perfection and His gift of the Spirit of Truth.

The Remembrance Supper is not fettered by any dogma. It has no particular format and may be held at any time or place. It is, in truth, a communion with Him who said,

*\* "And as often as you do this, do it in remembrance of me. And when you do remember me, first look back upon my life in the flesh, recall that I was once with you, and then, by faith, discern that you shall all some time sup with me in the Father's eternal kingdom. This is the new Passover which I leave with you, even the memory of my bestoval life, the word of eternal truth; and of my love for you, the outpouring of my Spirit of Truth upon all flesh." (UB 1943; Para 2)*

## QUOTE OF THE MONTH

*\* "While the attainment of each ascendant goal is a factual achievement, in the larger sense*

*such goals are simply milestones on the long ascending path to Paradise." (UB 435:1)*

\*

# MEETING January 27

MEETING ANNOUNCEMENT   MEETING ANNOUNCEMENT   MEETING ANNOUNCEMENT

On January 27th at Glendale Federal Savings, Al Donovan will present his ICOA-URANTIA Prison Library Project. This fascinating service includes placing The URANTIA Book in prison libraries, with prisoners, and corresponding with prisoners. The meeting will begin at 2:00 PM, but we usually have a social get-together starting at 1:30. Hope to see you there!

MEETING ANNOUNCEMENT   MEETING ANNOUNCEMENT   MEETING ANNOUNCEMENT

## Study Group News

BURBANK-----Every Tues: 7:30 PM  
Lee & Roselyn Armstrong  
(818) 841-6286

CALABASAS----1st & 3rd Mon: 7:30 PM  
Polly Friedman      (818) 880-5943

LOS ANGELES---Every Sunday: 7:00 PM  
Irving Townsend      (213) 207-3187

MALIBU-----2nd & 4th Monday  
Duane & Lucile Faw   (213) 456-9708

SANTA MONICA--Every Sunday: 12 noon  
Ed Healy              (213) 392-5513

VAN NUYS-----2nd & 4th Thursdays  
Dick MacDonald----- (818) 343-3364

VENTURA Reading Group-----Weekly  
Please call Larry Whelan for time  
and place.              (805) 643-8728

## THE URANTIA BOOK

The URANTIA Book

FOR

SALE

\$21.50

You may buy them at our Society Meeting, from any member, or I will be glad to mail you the books you need. Please include \$1.55 for postage. Make check out to Larry Whelan and mail to me:

Larry Whelan  
146 Fraser Lane  
Ventura, CA 93001

Phone (805) 643-8728

Concordex - \$9.00



## The Spirit of Truth

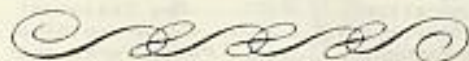
\* "It is much easier for men to agree on religious values--goals-- than on beliefs--interpretations."  
(UB 1130:4)

"Can you be inwardly still without demanding a distraction from the strange stillness? If so, the fearsome silence turns magically into the peaceful harbor you have been seeking all your life."

Given to me by a friend,  
--Nita Borick

That the birds of worry and care  
Fly above your head,  
This you cannot change,  
But that they build nests in your hair,  
This you can prevent.

Chinese Proverb submitted by Grace Sias



## SMILES

If a man will go as far as he can go, he will be able to see further when he gets there.

## WHAT IS LOVE ?

Love is the will to enhance the spiritual growth of yourself or another person.

--H. Scott Peck  
The Road Less Traveled

## Education Committee

For your information the following list of activities are planned in the upcoming months. With enough advance warning, we hope you will be able to participate.

JAN 27, 1985 - Al Donovan will present his service project on placing The URANTIA Book in prisons. Please see the meeting announcement.

FEB 17, 1985 - The International Fellowship Committee Party. This event is co-sponsored with the First URANTIA Society of Los Angeles, and it will be held at the home of Dorothy Elder.

FEB 24, 1985 - A U.S.S.F.V. business meeting.

MAR 24, 1985 - Michael Hill will speak on how he is able to integrate the URANTIA teachings into his adult school classes.

APR 28, 1985 - Fund-raising dinner and auction at Polly Friedman's. Proceeds from this event will help to pay expenses for the delegate and alternate delegate to the Triennial Convention.

With the exception of the July 14th picnic, events for the rest of the year are open. If you wish to make or coordinate a presentation, please contact me at (818) 993-5286.

--Ray Caligiuri, Education Chairman

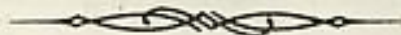
## WANTED

Submissions of your own SPIRIT OF TRUTH, original poems, your own personal, URANTIA teaching related experiences, humorous articles and sharing in general.

(Material may be given to any member of the Publication Committee or call (818) 393-3364.)

## Visitors

For any who may not be acquainted with our meeting place and time, our Society meets the last Sunday of each month. We are located at the Glendale Federal Savings Building on the Northeast corner of Devonshire and Balboa in the San Fernando Valley. Our meetings are held in the community room and start punctually at 2:00 PM. You are cordially invited. Phone (818) 343-3364 or (818) 880-5943.



## TEMPORARY

It is a unique situation to have individuals wanting to formally join our new Society before we have even had time to implement a formal procedure for them to do so. As we now have four students who are "ready, willing and able," the pressure is on! The Membership Committee, chaired by Gary Reedy and Paula Parke, is burning the "midnight oil" to get the Society membership format formulated and approved. This will happen soon if not sooner thanks to Paula and Gary.

## An Invitation

### WE ARE EXPANDING!

If you would like to become attached to the Publication Committee as a regular News Reporter for The Valley Reflector, please contact Dick MacDonald at (818) 343-3364.



## SOCIETY PROFILE

PRESIDENT-----Polly Friedman  
VICE PRESIDENT-----Dorothy Elder  
SECRETARY-----Dick MacDonald  
TREASURER-----Roger Abdo

BOOKS-----Larry Whelan  
EDUCATION-----Ray Caligiuri  
HOSPITALITY-----Grace Sims  
MEMBERSHIP-----Paula Parke and  
Gary Reedy  
PUBLICATION-----Charles Hicks  
VIDEO-----Gary Reedy

### 1985 DUES ARE DUE AND PAYABLE!

Please contact Roger Abdo at (818) 345-1484 regarding your current status.



© Registered Mark of URANTIA Foundation. Used pursuant to license.

DISPOSABLE TEMPORARY

Stella Reilga  
8316 Comstock A  
Whittier, CA 90

URANTIA SOCIETY  
of  
SAN FERNANDO VALLEY  
16950 HARTLAND STREET  
VAN NUYS, CA 91406



\*

**MEETING**

**January 27**

WE NEED YOUR HELP!

We have published The Valley Reflector for just over a year now. Since our society is relatively small, all efforts to create and mail the newsletter are donated. At this time we would appreciate a response from you in any of the following areas:

1. A tax-deductible, monetary donation to help defray our operating expenses. Please make your check or money order payable to U.S.S.F.V - Reflector Publication Fund and send it to U.S.S.F.V., 16950 Hartland Street, Van Nuys, CA 91406.
2. Something of your own you would like to share with other readers of The Valley Reflector. This might be a poem, an article, or an experience you've had relating or using the concepts taught in The URANTIA Book.
3. For those of you who live nearby but have been unable to attend our monthly meetings, please let us know if there is a better time or day when you would be able to participate in our events.

Happy New Year from the members and friends of URANTIA Society of San Fernando Valley!