

CHOOSING a MATE

Sunday, April 13, 1980, 5 to 8 p.m.

Coordinators

Rosanne (Roxy)

Bruce

Leader

Julia

Introduction	P. 913
History	P. 917, 918, 923, 924:1, 2, 3
Monogamy	P. 927, 928:1, 2
Dissolution	P. 922, 929:1, 2, 3
Idealization	P. 929, 930

Above presented by the Chief of Seraphim stationed on Urantia

Class discussion after reading. Discuss differences between Infatuation and Love

Assignment for volunteers for next class; Examine Seven Love Stories of The URANTIA Book and tell how they chose their mates. Which one of each couple made the initial move - male or female? How long had each known the other before marriage? What training do you surmise each had for this marriage, if culminated? In your opinion what factors made those marriages successful?

- 1.- Andon and Fonta
- 2.- Adam and Eve- also in second garden where all human.
- 3.- Adamson and Ratta
- 4.- Mary and Joseph
- 5.- Miriam and Jacob
- 6.- Rebecca and Jesus
- 7.- Ruth and David

Handouts for study and discussion: Please retain in your permanent folders.

1. The Mating Game Has a Change of Roles
2. Ranking Factors in Predicting Marital Success- Test and correct in class
3. Bibliography for Parents

Slide Talk: "Birth and Bonding" by Sue and David Kantor

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SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING

IT'S YOUR DECISION

Commercial

Learning more effective ways of relating to your children takes courage, practice, and patience...the courage to be open to, and accept, new ideas and attitudes...practice in applying the principles and techniques at home with your own family...patience for the time it takes to discourage your children's once-effective misbehavior patterns. In our modern society, we have come to expect "instant" results, "instant" success, "instant" everything! But anything of real value takes time...the STEP program usually takes nine weekly sessions to complete. Take the very first step now! BEGIN...

- STEP 1. Understanding your child's behavior and misbehavior.
- STEP 2. Understanding more about your child's emotions and yourself as a parent; recognizing the differences between "good" parents and responsible parents.
- STEP 3. Learning to use encouragement, instead of praise, to build your child's confidence and feelings of self-worth.
- STEP 4. Improving communication by becoming an effective listener.
- STEP 5. Communicating your ideas and feelings to children; helping your children to explore alternative ways of behaving.
- STEP 6. Replacing reward-and-punishment with learning-from-consequences.
- STEP 7. Applying natural and logical consequences to the challenges of child-training; acting positively, rather than reacting negatively.
- STEP 8. Establishing family meetings that encourage democratic family relationships.
- STEP 9. Developing confidence and growing as a person, as well as becoming a more effective parent.

For more information on SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP) please contact AMERICAN GUIDANCE SERVICE, INC., Circle Pines, Minnesota 55014