

Eric Johavland 3/14/88

## SCIENCE AND RELIGIOUS LIVING

In reading these papers in part III on the evolution of man, from Andon and Fonta to today, I get a clearer picture of how my body is designed to function. The urges of the physical body, which seem to give us mortals such a hard time, are part of the divine plan. Without these strong urges of food hunger, sex love, vanity, and fear, primitive man would not have progressed, in this short million years, to even the imperfect level of civilization that we experience today. "The herd instinct in natural man is hardly sufficient to account for the development of such a social organization as now exists on Urantia." "Two great influences which contributed to the early association of human beings were food hunger and sex love; these instinctive urges man shares with the animal world. Two other emotions which drove human beings together and held them together were vanity and fear, more particularly ghost fear." U.B.765.1

reference?

At this point, these urges can be confusing if their origin and history aren't understood. When fear arises in my body, if I can remember the purpose behind the Life Carriers design, then I don't have to identify with the emotion as being a part of me. can remain at peace in spirit and let the adrenalin storm pass.

2 strategies  
1) dissociation  
2) integration  
cf 1229.1

I realize that for these urges and emotions to have been effective in furthering the divine plan of evolution, they had to be strong, very strong! "Primitive man only thought when he was hungry; food saving was his first self-denial, self-discipline." U.B.765.2 "Notwithstanding the personality gulf between men and

women, the sex urge is sufficient to insure their coming together for the reproduction of the species." U.B.913.4 "If vanity be enlarged to cover pride, ambition, and honor, then may we discern not only how these propensities contribute to the formation of human associations, but how they also hold men together, since such emotions are futile without an audience to parade before." U.B.765.7 "Evolutionary religion is born of a simple and all-powerful fear, the fear which surges through the human mind when confronted with the unknown, the inexplicable, and the incomprehensible." U.B.986.3

By looking at my mind, emotions, and physical body as a result of the continuing process of evolution working out on this planet, in context of origin, history, and destiny, I can deal more rationally and effectively with my animal heritage. I can take it for what it really is!

*How does our participation in cultural evolution aid us in the mastery of our heritage?*

*A next step would be to explore in the field of psychology research on the emotions. I'll bet there are many practical and helpful points to be found.*